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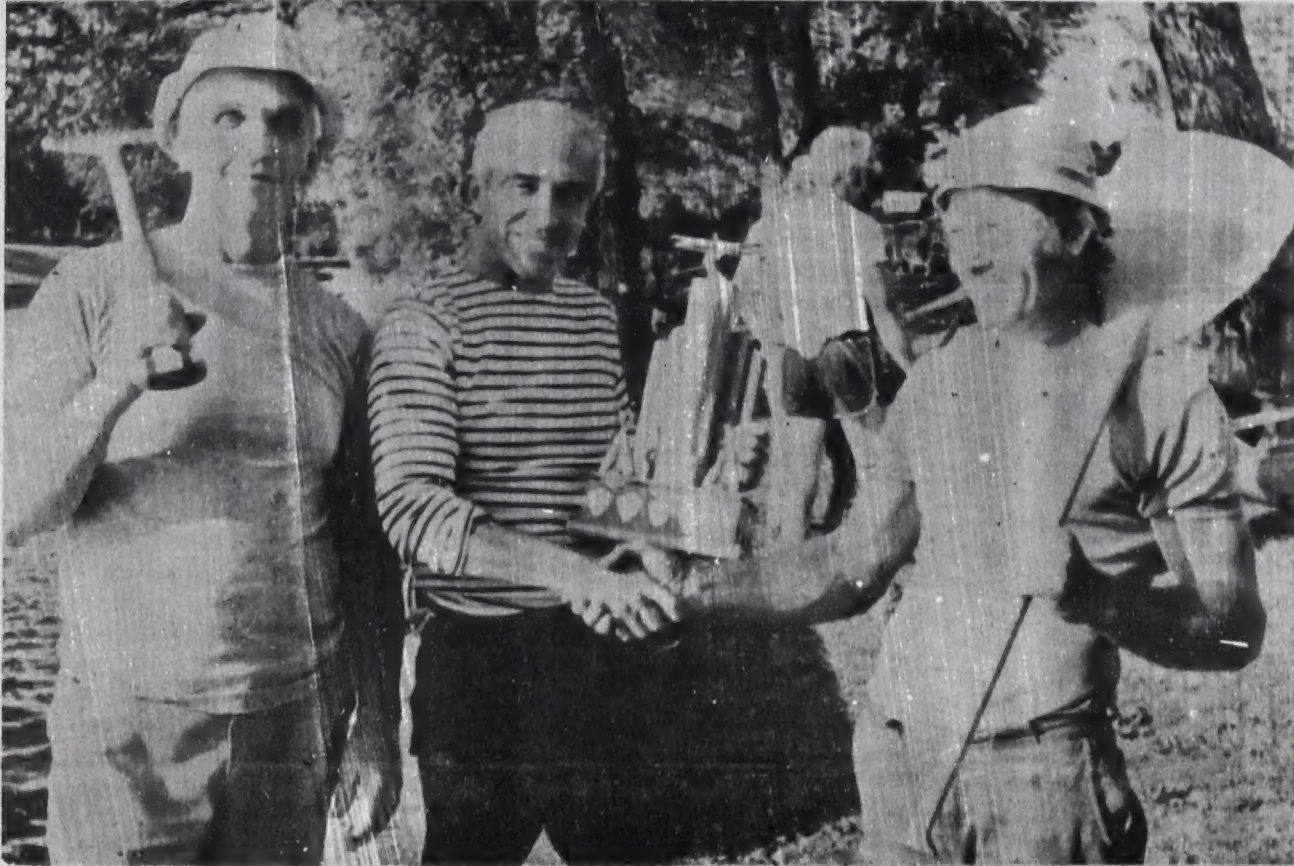
Vol., 5, Number 31

R.R. MINDEN, ONTARIO K0M 2K0

Telephone (705) 489-2036

Wednesday, August 5, 1981

20th Edition S.F. Stinson Memorial Canoe Race



1st in Open Event — Les Crow and Garnet Weaver



1st Camp — Charlie Moss and Tom Connell

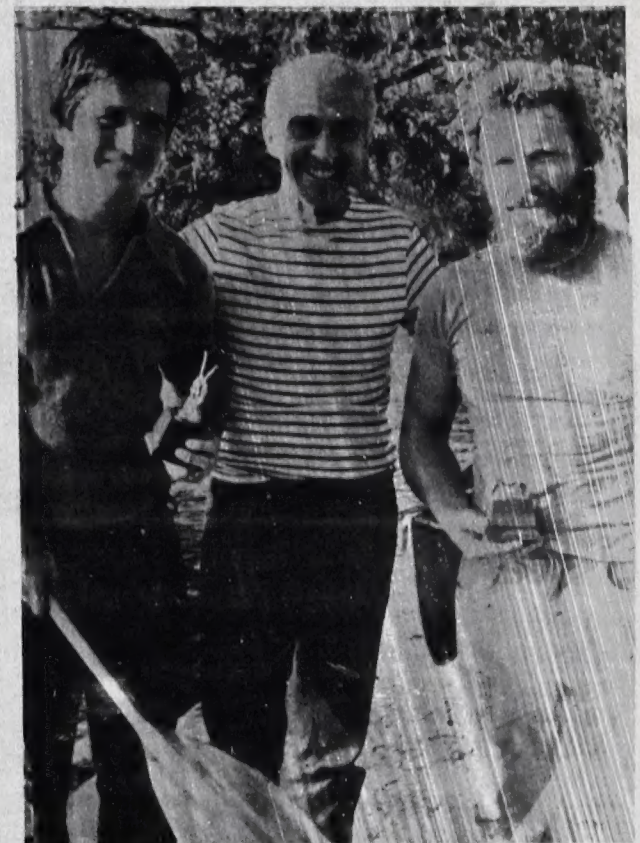
Crow, Weaver capture final Stinson Memorial Canoe Race

MINDEN — The S. F. Stinson Memorial Canoe race held its 20th and final race on Wednesday evening just prior to the start of the 38th annual Minden Rotary carnival.

The final edition of the canoe race is a very popular event each year and it will be sorely missed by the spectators who line Minden's bridge and the banks of the Gull river to watch the excitement.

The race, formerly held each year commemorates a similar race between area loggers and the Indians over 100 years ago. The course is run from Rotary Park to the Minden bridge on the village's main street.

Open winners this year were Les Crow of Lakefield and Garnet Weaver of Kirkfield. Winning the Camp trophy as the first camp team across the finish line were Charles Moss of Morristown, NJ and Tom Connell of London, paddling for Camp Kandalore. This was Kandalore's third straight victory in the Stinson race. Finishing second in the open event was the team of Gerald Reyner of Warsaw and Paul Burns of Lindsay.



2nd in Open Event—Gerald Reyner and Paul Burns

12 persons injured in six collisions, \$30,800 in damages

MINDEN — The OPP here have had their busiest week of the tourist season, investigating 183 general occurrences and 26 motor vehicle collisions over the last seven days.

The 26 collisions resulted in 12 persons suffering minor injuries, three drivers charged and over \$30,800 in damages were set.

CARELESS DRIVING — Saturday, Aug. 1st at 9:30 pm, Ian Malcolm Owen 28, of Etobicoke failed to negotiate a curve on Bobcaygeon Road and hit a stump with his Cadillac. He received minor injuries in the mishap and police report that Owen has been charged with careless driving. Damages were set at \$8000. PC Dunham.

PLYMOUTH IN DITCH — Late last Saturday evening on Cty Road 18 in Minden Township, Jennifer R. Wright 22, of Islington, swerved her car to miss a racoon and ended up in the ditch causing more than \$7000 damage. Police report no injuries

or charges. PC Gray.

DOG LIVES — Early Sunday morning on Cty. Road 7, in Guilford Township, Wade R. Stamp 23, of West Guilford swerved his pickup to miss a dog on the road and ended up in a ditch striking a tree. Damages have been set at \$4000. Stamp and his passenger, Brian Griffin 18 also of West Guilford, received minor injuries in the mishap. PC Solway.

CARELESS DRIVING — On Friday, July 31 at midnight on Horseshoe Lake Road, John R. Sumner 22, of Don Mills failed to negotiate a curve and ran into the ditch damaging his Volkswagon to the tune of \$3,500. He and passenger Martha Wheelwright 24, of Palgrave, received minor injuries in the collision. Police report that Sumner has been charged with careless driving. PC Dunham.

IMPAIRED DRIVING — In the small hours of Sunday morning Deanna L. Cummings 19, of Toronto lost control of her vehicle on Hwy. 35 near Miners Bay and ran off the road into a ditch causing \$1000 damage to her car's undercarriage. Police report no injuries but that Cummings has been charged with impaired driving. PC Connelly.

FOUR ARE INJURED — Early last Thursday afternoon four Toronto persons suffered minor injuries near Hawk Lake in Stanhope Township.

Police report Bruce Houston 19, of Downsview lost control of a rented Datsun, entered the ditch and struck a tree. He and three passengers all received injuries and were taken to Minden's hospital. Passengers included Michele Phillips 14, Leslie Houston 22, and Mark Tooze all of Toronto. PC Solway.

\$4,000 DAMAGE — Last Wednesday afternoon on Cty Road 7 in Guilford Township, Christine Huber 41, of Willowdale lost control of her vehicle and entered the ditch where her car incurred \$4000 in damages. She and her passenger 14 year old Evelyn Huber received minor injuries in the mishap. Invest. by PC Connelly.

EDITORIALLY SPEAKING

Wrecking the railway framework of Canada

It took generations to build the railways that became the framework of this nation. The Trudeau Liberal government is tearing them apart in a tiny fraction of the time.

Transport minister Jean-Luc Pepin effectively doomed passenger railway transportation Canada this week when he cut Via rail passenger service by more than one fifth.

Gone are one of two main transcontinental routes through the west, the Maritimes main railway passenger route, many busy suburban routes (including the run to Barrie) and many more.

However, few Liberal ridings are affected by the cuts. They are being done by cabinet order while the Commons is in recess and without consultation with the people affected, through the Canadian Transport Commission. While the country's railways are being torn apart, the Prime Minister, unconcerned, is out of the country. And the whole thing is done in a fashion calculated to most alienate the West.

Canadian passenger rail service is not a paying venture because the two railways and the government have done everything in their power to make it awkward and inefficient.

Pepin's cuts will assure that passenger service becomes even less convenient and therefore less frequently used.

Some day in the not-to-distant future, passenger rail travel will become increasingly attractive because of the energy shortages. Other parts of the world are boosting rail service to prepare for that day.

Canada, already the most inefficient energy-user in the world, is destroying the railway option.

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Amphibian aircraft flips over on Gull Lake, Saturday

On Saturday, Aug. 1st Minden OPP investigated an aircraft mishap on Gull Lake. Apparently a Cessna 185 aircraft flipped onto its roof while making a landing on the lake in Lutterworth Township. Piloted by David C. Button of Stouffville, the craft which eventually sank had considerable damage to it although nothing more than a few bumps and scratches were reported by its two occupants.

Attempts at raising the aircraft were to commence today and PC Bill Clendenning and the Dept. of Transport are investigating.

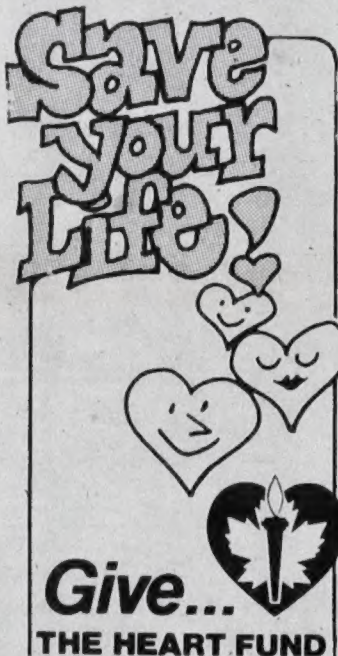
HORSESHOE LAKE BREAK-IN — Around 3:00 pm on Saturday, Margaret Olsen of St. Catharines reported that sometime since last spring her cottage had been entered and about \$1600 worth of contents had been stolen. PC Weldon Popp.

DOCTOR'S OFFICE ENTERED — Last Sunday morning Mrs. Marion Lodenquai reported her husband's medical centre had been broken into on the

Cty. Council wants answer on future of rail line link

LINDSAY — A letter will be sent to Premier Bill Davis from Victoria County Council asking him to participate in an answer from the CTC concerning the county's proposed steam train from Lindsay to Haliburton.

The major expense for the rail line was cited in a feasibility report, which cost \$11,500 to be the estimated \$600,000 cost of restoring the 55 mile track.



Bobcaygeon Road.

Because no drugs or valuable items are kept in the building, property valued at \$45 was stolen. PC Al Bibby.

TWO CHARGED WITH GAS THEFT — Monday, July 27, Jim Mifflin, owner of Foster's General Store near Carnarvon, reported that a vehicle had sped off without paying for \$20.50 worth of gas. The vehicle in question was spotted a short time later a few miles away and two persons were charged in connection with the theft.

Charged are Edward William Armstrong 18, of London and Kevin Sean Johnson 16, of Ilderton. PC Connelly.

STOLEN CAR — Tuesday, July 28 at 8:45 am, Michael Hunter of Gooderham reported that he had left his vehicle parked on the shoulder of Hwy. 503 about six hours before because it was flooding. When he returned in daylight the vehicle was gone.

At 7 am south of Port Perry the fire dept. had responded to a call concerning a car on fire. When they arrived the car had already burned up and they estimate it had been burning for about three hours. PC Jarvis.

CNR officials (who own the line) made the cost estimated during a CTC hearing on the railway's application to abandon the line. The hearing was held last September. CN expected to hear the CTC's ruling on its application in January.

Tourism committee chairman Don McCumber asked council at its monthly meeting last week to put pressure on the government to get a response back. "We were supposed to get a response back in January and we have received no response to still another letter we sent six weeks ago. It's a waste of time all the work we've done," said Emily Township Reeve McCumber.

The county feasibility study, to which the ministry of Industry and Tourism provided \$4,000, lists two types of rail excursion opportunities, linear excursion and destination excursion. The study has been sent to the tourism industry and the CTC.

The county's proposed steam excursion train is in a stalemate until an answer is received as the CTC's decision whether CN can abandon the line.

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The friendly visitor may provide basic companionship to the isolated and may perform certain tasks such as reading, talking, listening, and writing letters.

The friendly visitor helps the isolated visitor maintain contact with the outside world.

If you need such a visit, or if you wish to provide the service, please call the Haliburton County Home Support Services at 457-2941.

Express Sports

by Cliff Burke

Haliburton Ladies now on top in softball league

MINDEN — With two victories last week the Haliburton ladies have taken over top spot in the standings with two games left in the schedule. Right on their heels are Stanhope, just a point behind followed by West Guilford just three pts back.

Haliburton came through with their two wins on Monday when they defeated the Minden Juniors 17-6 and then had a return match on Thursday in Minden, where they won again.

In other games last week Minden's Dixie Lee Homestead came up with a great win over West Guilford 13-5 knocking th defending league champs out of the top spot for the first time this season. Nelda Cully was the big gun for DL in this contest, both at the plate and on the mound.

On Tuesday two games were played, Carnarvon played host to Gooderham and came away with an easy 17-2 triumph. Jane Symons and Cathy Darby were the leading hitters for Carnarvon. Marg Darby picked up the win.

In the other scheduled match between DL and Wilberforce, rain postponed the game and it has been re-scheduled for this week.

On Wednesday evening Carnarvon travelled to West Guilford and with timely hitting trimmed the Guilford team 15-12. Cathy Darby and Kelly Harri-

son were the stars at the plate in this match. Marg Darby again picked up the win.

In a game played in Gooderham between the leagues tail enders, Gooderham came up with a fine 27-18 victory to move into a tie with Wilberforce.

Honi Billings, Shelly Billings and Bonnie Hunter had fine nights at the plate for the host team while the visitors were led by Leigh Street and Gail Kupla.

Ladies Softball tournament set for Saturday at 8:30 a.m.

HALIBURTON — The County ladies annual softball tournament is now set for next weekend. It runs from Saturday morning at 8:30 am until Sunday evening at about 5 pm with the championship game.

In the first game Carnarvon will tangle with Norland to open the tournament. At 9:45 Paudash takes to the field against Coboconk and at 11 am Woodville and Lindsay meet. At 12:15 its Sunderland against Little Britain and at 2:45 its West Guilford taking to the field against Little Britain 2.

This tournament is sponsored by all of the teams in the ladies league and it is hoped that the fans will come out and support the only money making project the league has this year.

Remember the first game is scheduled to get underway in Haliburton at 8:30 am.

Haliburton County Ladies Softball Standings

Teams	GP	W	L	T	TP
Haliburton	22	17	4	1	35
Stanhope	21	17	4	0	34
West Guilford	22	15	6	1	31
Dixie Lee	22	12	9	0	24
Minden Juniors	21	6	15	0	12
Wilberforce	21	3	18	0	6
Gooderham	22	3	19	0	6

Games this week:

Monday, Aug. 3—Gooderham at Haliburton
Wilberforce at Minden Juniors

Tuesday, August 4th:

Carnarvon at Dixie Lee
Juniors at West Guilford

Wednesday, August 5th:

West Guilford at Carnarvon

Youth meetings will be held at Minden Gospel Church

MINDEN — Children from the community will be flocking to the Gospel Church here next week for an Adventure Week with "Uncle Wayne" Welch. The youthe leader brings along several associates, ventriloquial dolls named "Andy" and "Freckles." Ventriloquism is featured in his lively presentations.

A typical meeting with "Uncle Wayne" includes Bible stories, lively singing, contests, and puppet presentations. Asked about the nature of an "Adventure Week," he stresses that his chief purpose is to present the Christian faith in meaningful terms to children.

John Lamshead, co-ordinator of Adventure Week, emphasizes that the meetings are open to all children of public school age. Sessions will start on August 10th from 7-8:30 pm and be conducted each weekday at the same time.

Minden Gospel Church is located on Bobcaygeon Road. For more information call 286-1338.

Dorset area is hard hit by thieves, vandals on weekend

DORSET — On Saturday morning at 9:35 the OPP received a call from Brad Robinson of Dorset, who reported an \$1,100 canoe had been stolen during the night at his general store. PC Potter.

Sunday morning at 11:00 am James Cooper of New Jersey reported that while parked at the Leslie Frost Centre near Dorset, someone smashed a window in his car and removed about \$200 worth of its contents. PC Smith.

Brad Robinson again had problems on Sunday, calling the detachment to report a \$60 cash theft from the store. PC Clendenning.

On Monday morning at 11 am the detachment received a call from the Township clerk in Dorset, reporting the municipal office had been entered and the safe tampered with. No other details were available at press time however PC Al Bibby in investigating the incident.

Dixie Lee at Gooderham
Haliburton at Wilberforce

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Sunday, August 9th

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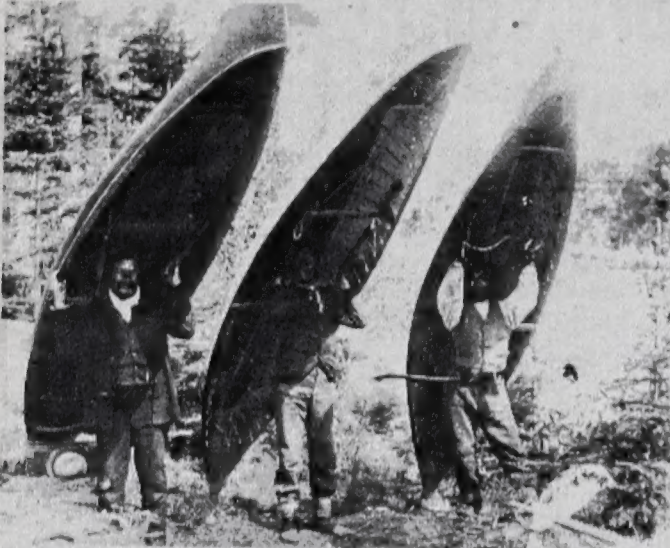
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Your Homestead
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MINDEN



How to survive your next canoe trip



Indian Guides portaging early in the twentieth century.

Canoe-tripping is rapidly becoming one of the most popular sports in Ontario, particularly for young people.

Unfortunately, every year, canoeists get into difficulties -- some with fatal results -- because of an unrealistic appraisal of their own abilities or a failure to understand the changeable forces of nature.

A new book prepared by Ontario's Ministry of Natural Resources, "Canoe Routes of Ontario", provides some valuable advice on how to ensure your next canoe trip will be safe and trouble-free.

The first and most essential step in your canoe trip is planning it to the last detail. Be certain you have the strength, skills and equipment to make it to your destination, and if you are determined to take a long trip, work up to it gradually. Learn everything you can about your route and always carry detailed maps (available from the Ministry of Natural Resources) in a waterproof pouch.

People who are not strong swimmers have no business in a canoe. Even though you should be wearing a government-approved Personal Flotation Device at all times, you must also be comfortable in the water and able to swim reasonably long distances. Be especially careful when canoeing in cold water. Hypothermia -- rapid lowering of the body temperature which can lead swiftly to coma and death -- is a very real danger. The best precaution against this is to make sure you don't slip.

You should always have an extra paddle and a bailing can tied to the frame of the canoe. For overnight trips, you should take a complete change of clothes, extra food, waterproof matches, a knife, fishing line and compass -- all stored in waterproof bags. And don't forget a first-aid kit.

The standard SOS call in wilderness areas is a series of three signals of any kind, audible or visual. A smudge fire can be used to alert passing aircraft; an SOS composed of letters at least three metres high can be laid on the ground.

In remote areas, it is never a good idea to canoe alone -- injury or loss of your canoe can spell disaster.

Parties of two or three canoes (two people per canoe) are recommended for long trips.

Both rapids and open water can be dangerous. Never paddle into a rapids without surveying it first from the shore. If you have any doubt of your ability to run the rapids, take a portage around it. On the open water, especially large lakes, winds can generate huge waves in thirty minutes or less. Stay close to shore wherever possible and learn to use protected channels behind islands.

In emergencies, help is usually far away. You must be prepared to avoid potential dangers before accidents happen. You must also know how to cope with emergencies before they occur.

Canoeing offers a kind of freedom not readily found in day-to-day life. However it also places a demand for self-reliance on the canoeist. In the final analysis, you are responsible for your own safety.

Acid rain problem on two levels, says Minister

Acid rain is a problem that hits Ontario on two levels, Ontario Minister of Natural Resources Alan Pope said in a brief visit to Barrie last week.

Pope, on a tour of Springwater Park said that the issue of acid rain was a concern to his ministry because of the effect it has on the province's facilities, lakes, parks and fishing areas.

"Clearly it (acid rain) has an impact on our recreational resources, he said." The minister added that the province looks to the northeastern United States for a considerable amount of income from tourism. He said much of this depends on the state of Ontario's parks and fishing areas. And acid rain, which is largely the result of American industrial pollution, hits provincial resources and so could also damage the province's tourism industry.

Pope said there were administrative processes in motion to try and rectify the problem. "Our ministry," he said is essentially only directly involved in the area through supplying data on the effects of acid rain on Ontario's lake systems."

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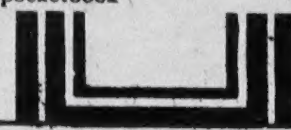
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A service to accommodate every family
we are privileged to serve
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RES. 286-2036

Ron Murray Anderson
Interior Design & Painting
25 Years Experience — Hourly Rates
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Phone 286-2644

EXPRESS CLASSIFIED

ACTION ADS

FOR SALE

Maple dinette set, 4 chairs, table & hutch \$185; good mahogany dresser with bevel edged mirror \$100; Walnut kneehole desk \$125; Antique pine settlers chest with walnut lining \$150; old wooden chairs, phone 754-3457. (29)

1969 Triump 500 cc motorcycle, call after 8 pm, serious enquiries only, 489-2684. (29)

Shower cabinet new with fixtures and pipe \$75; two porcelain wash basins complete with fixtures \$30 ea.; 1 small, 1 reg. size. Two table lamps, rollaway bed \$12; Bahama couch \$25; modern green love seat \$40; call 754-3457. (29)

GOOD USED CARS

1976 LeMans Sport Coupe
1977 Jeep Cherokee, 2 door V8 automatic
1977 Gremlin X, standard, 6 cylinder

CONEYBEARE MOTORS
Hwy. 121, Haliburton
Phone 457-1621

SWEDEN soft ice cream machine for sale in excellent condition. Phone 457-2921. (30)

CARD OF THANKS

CARD OF THANKS

With gratitude and heartfelt thanks to all who worked on making Stanhope Fun Day a success. Winners of the beef draw were: Bob Barclay, Carnarvon (Hind) and J. Bouchard, of RR 2, Minden (Loin). (31)

Ann Barker, Chairwoman
Stanhope Fun Day.

FOR RENT

HOUSE FOR SALE, 3 bedrooms, 4 year old home, walk-out basement, large rec room, 1 1/2 acres, 2 car garage, 2 miles north of Minden. Many extras, \$59,900. Call 286-1850 or (416) 699-5672. (26)

COTTAGE FOR RENT on Big Hawk Lake from Aug. 8 thru August 22nd by the week. All in-door facilities, three bedrooms, boat and motor are available. Call 489-2036 after 6 pm.

COMING EVENTS

Library OPEN HOUSE — at County Library Headquarters, Mountain St., Haliburton, Wednesday, August 5th, 1981 from 2 to 5 p.m. (29)

Haliburton County Annual Ladies Softball tournament, Saturday, August 8th and 9th at Haliburton ball park. (29)

Annual SUMMER DINNER hot and cold buffet at Carnarvon United Church on Wed., Aug. 5th from 4:30 to 7 p.m. Adults \$5; children under 12 \$3; pre-schoolers free. (29)

Minden Gospel Church is conducting a special week of children's meetings. It is called Adventure Week and features child Evangelist Wayne Welch. A typical meeting will include puppets, quizzes, Bible stories, ventriloquism and more. All children of public school age are welcome. Mon. to Fri., Aug. 10th—14th from 7 to 8:30 p.m., Minden Gospel Church, 286-1338. (31)

Heart Attack, Stroke
High Blood Pressure
Rheumatic Fever

REAL ESTATE

Excellent facilities for weddings, banquets or parties large air-conditioned dance hall and modern kitchen or smaller meeting rooms available at STANHOPE COMMUNITY CENTRE. For information call Ann at 489-3180. (9)

HELP WANTED

HELP WANTED — waitress and kitchen help, could live in, apply in person, Austrian Village Restaurant, 286-1081. (29fn)

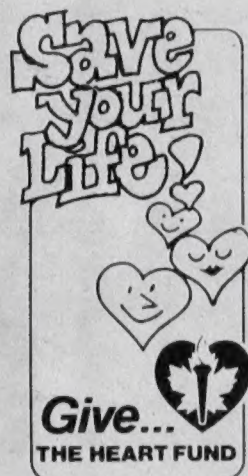
DON IS BACK,
seven days a week!

**CARNARVON
COUNTRY
MARKET**

489-3333

Custom Cutting
our Specialty!

The
Inside Edge
IS NOW
INSTALLING
TV Towers
CALL
157-2202



HELP
THE KIDNEY
FOUNDATION
IN THE
**FIGHT FOR
LIFE.**
MARCH IS KIDNEY MONTH.
Kidney
Foundation
of Canada

GARAGE SALE

AUDREY'S GIFT SHOP & CONSIGNMENT STORE
The elegant garage sale — you name it — we've got it. Quality, at garage sale prices!!
We sell on consignment for some of the finest homes in the county.
For tremendous savings on everything from the practical whimsical or collectors pieces, its worth looking here FIRST!
Open daily except Monday 10-6 pm. Hwy. 530, Maple Lake — 754-2447.
The most unusual inflation fighter with a new treasure hunt each week. (29)

YARD SALE, some antiques Friday, July 31 from 1 am to 5 pm and Sat., Aug. 1st 2 1/2 miles north of Minden on Hwy. 35. (29)

SERVICES

TREE CUTTING & Removal by experienced local man reasonable rates, call 286-1066. (29)

TV — Stereo — Antennas
Repairs to ALL makes!
Reasonable Rates
JOHN WOOD Electronics
RR 2, Haliburton
Telephone: 457-2461
If no answer, please call 457-1621. (23)

HANDYMAN

Repairs, renovations, carpentry, cement, etc. Any type of work. ALSO, chain-saw work and removal of unsafe trees. Call Lorne Bailey, 457-2793 or phone Minden 286-2049. (15)

SERVICES

SEPTIC TANK PUMPING
ALL TYPES
Holding Tank Contracts
— 24 Hour Service —
JOE RIVERS
286-2057
R.R. 2, Minden

LES SCHELL PUMPING
SEPTIC & HOLDING
TANKS
Well cleaning, 2000 gallon capacity, quick quiet efficient service.
CALL ANYTIME, 457-1152

WANTED

CARNARVON METALS —
scrap cars, trucks, steel & cast. We buy: copper, aluminum, brass, batteries—call 489-2353. (29fn)

Cash
Prizes

Cash
Prizes

HALIBURTON COUNTY FAIR

CONTESTANTS WANTED

Sweetheart of The Fair Contest to be held on Saturday, Aug. 8th at the COUNTY FAIR GROUNDS, Minden

ARRANGED AND CONDUCTED BY THE HALIBURTON AND DISTRICT LIONS CLUB.

We need a COUNTY SWEETHEART to represent our County and this young lady will be selected from ages 17-22. She may be a resident of the County or an occasional resident. Complete contest rules will be presented to all applicants.

★ PRIZES ★

QUEEN: \$100.00 — 2 PRINCESSES \$25.00 EACH

Fill out portion below and send to:

Haliburton and District Lions Club, c/o Lion Frank Dunsford,
R.R. 1, Minden, Ontario K0M 2K0 or call 286-1291 or 286-2033

NAME Age

ADDRESS

PHONE

Firewood Cutters

INTRODUCING —

THE FIREWOOD PROCESSOR

• CUTS — • SPLITS — • LOADS

2 Bush Cords Per Hour

DROP BY TODAY OR PHONE AHEAD
AND MAKE AN APPOINTMENT FOR
A DEMONSTRATION!!

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RED & WHITE
FOOD STORES

Corner of
NORLAND Hwy. 35 and 503

STORE HOURS —

MONDAY TO SATURDAY — 9 am to 9 pm

FRIDAY to 10 pm

SUNDAY 9 am to 6 pm

Red & White




12 1/2 fl. oz. tin

.65

orange juice

frozen concentrated unsweetened

Niagara



.99

luncheon meat

12 oz. tin Roy-All



.39

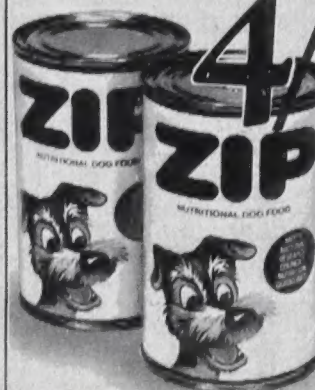
7 UP

750 mL btl. regular or diet (Plus Deposit)

for the grill from Canada grade 'A' beef

1.36

blade steaks lb.

4/1.00

dog food

14.5 oz. tin Zip regular

full-o-juice Sunkist doz. valencia

.99

Oranges



ideal for the bar-b-que

medium ground beef lb. **1.68**

cut from Canada grade 'A' beef

blade roasts boneless lb. **1.76**

FREEZER SPECIAL

branded chucks of beef lb. **1.33**

Contains: roasts, blade, chuck, short rib, Steak; blades, cross rib, ground meats and stewing beef. Avg. Weight 70 to 80 lbs. All bone and fat included in hanging weight



1.59

Mir

2 x 750 mL cont. liquid detergent

Prod of Ont TOMATOES, 4 qt **2.39**

Prod of Ontario, CARROTS, 12 oz. **.59**

Prod of Ontario, BROCCOLI **.79 ea.**

Prod of USA, Nectarines **.39 lb.**

cut from Canada grade 'A' beef	Maple Leaf by the piece
chuck short rib roasts lb. 1.36	polish coil lb. 1.68
cut from Canada grade 'A' beef	Swifts Premium triple pak
boneless cross rib steaks lb. 1.96	lunch meats 500 g 1.98
Maple Leaf - ready to serve boneless	Schneiders
dinner pork shoulders lb. 2.48	fried chicken 900 g bucket 4.58
Swifts Premium	Swifts Farm Style
cooked ham 175 g pkg. 1.38	sausages lb. 1.58
Values effective until closing Saturday, August 8, 1981. We reserve the right to limit quantities. Supplied and Serviced by National Grocers Co. Ltd.	by the piece
	peameal end portion lb. 1.98
	back centre portion lb. 2.18
	bacon

Kraft jet puff 11 oz. pkg. marshmallows59

General Mills cereal-crispy wheat'n rainins 150 g pkg. 1.49	Ragu - plain spaghetti sauce 1 Litre jar 1.69
assorted Allen's drinks 65 oz. Apple, Grape, Fruit, Orange .69	assorted Lancia pasta 500 g pkg. .69

white, assorted or arts 'n flowers	Scottowels 2 roll pkg. 1.29
Old Dutch 2 Litre cont.	liquid bleach79
Betterbuy pkg. of 12	kitchen garbage bags59
Sunlight powdered detergent 3 Litre box 2.09	VII, 8 oz. Plum Sauce .69
Lysol - toilet bowl cleaner 450 mL cont. .99	Stayfree maxi pads pkg. of 10 1.29
medium - Milkbone dog biscuits 900 g pkg. 1.49	Selsun blue - normal dandruff 100 mL cont. 2.89
regular, menthol, or lemon lime Gillette 200 mL cont. 1.69	foamy cont. 1.69
Bluewater frozen cod, haddock or Boston blue batter fried fish 12 oz. pkg. 1.69	Eno fruit salts 100 g cont. 1.89
frozen brownies	Sara Lee cake 147 - 169 g pkg. 1.99

E.D. Smith 48 fl. oz. btl. garden cocktail 1.39	Maxwell House ground coffee 1 lb. bag 2.89
fancy peas, or cream corn 10 fl. oz. tin .39	Goodhost iced tea 750 g tin 2.99
Stokely vegetables 4 x 5 fl. oz. tins 1.49	orange flavoured crystals Tang 2 x 6.5 oz. pkg. 1.59
assorted Neilson country crisp granola bars 9 oz. pkg. 1.19	Carnation evaporated milk 160 3/1.00
Salada tea bags pkg. of 60 1.89	Carnation instant skim milk 500 g powder 2.19
Saico mandarin oranges 284 mL tin .79	
assorted Magic Pantry entrees 250 g pkg. 1.89	
Fleischmanns (Ontario only) corn oil 1 lb. 3.79	
margarine pkg. 3.79	

WHITE BREAD
16 oz.
2 for .89

Hot Dog or Hamburger Buns
pkg. of 8
.47 each

30% OFF
all clothing